



THE NEW YORK AIKIKAI SINCE 1964

合気道

### Message From Yamada Sensei

It was last winter when this unbelievable incident happened at New York Aikikai. One day after class, one of our uchi-deshi had to go to the basement to adjust the boiler in order to get more heat for the cold night. To his surprise, he found a homeless guy was comfortably living in our basement. You might not believe this but it is a true story, and we didn't know that he had been living there for quite a long time. Not too long after this incident happened, this time, accidentally, I found that a homeless guy named Nodule was living in my lung without my permission. Immediately after I found this Nodule, I asked Inspector Biopsy to find out who this homeless Nodule was. Whether he was good guy or a bad guy. His answer was that he was a good guy, so I let him stay in my home for a while. Then, a few months later, this homeless guy invited one of his friends to live with him. This new one was a little more suspicious to me, and I didn't like him. I asked my friend Robot to do a good cleaning job and to kick him out of my home. My friend Robot did a good job for me, not only kicking this bad guy out, but also throwing out all the mess he was carrying with him. Yes, this bad guy's name was Cancer. However, thanks to the excellent job this Robot provided, along with early discovery, I am now cancer free. I don't need any extra treatments in the future, and I have already returned to work in my office at the dojo. I just need to wait 6 more weeks to get stronger before I can get back on the mat. Once again I must say I am a lucky guy. So far I have received so many cards and phone calls and emails, and I thank you so much for your concern and caring. Please accept my deep apology for making you worry.

Sincerely,  
Y. Yamada